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Chow Down film festival in Boulder features movies and events about food all weekend

By Douglas Brown The Denver Post





Check out the Chow Down IFS Food Film Festival.

Check it out, food-obsessers. You take pictures of lamb chops in restaurants, you Instagram photos of bartenders and their shakers, your Pinterest account contains a category called "sushi hand rolls" and what is your version of Twitter but a river of bacon and bourbon, of curry and pumpkin and milkshakes and prawns?

So here is what you do, starting tonight. You head to Boulder and submit to <u>"Chow Down,"</u> a film festival where all of the movies are about food. First up, tonight, "<u>Garlic is as Good as Ten Mothers</u>," a 1980 film about the history of garlic and introduced by Karen Beeman, the owner of <u>WeeBee Farms</u> in Longmont. Beeman is at the Boulder Farmers Market every year, selling her fantastic garlic. She knows from garlic. The film gets screened at Canyon Theater in the Boulder Public Library. The rest of the movies get screened at Muenzinger Auditorium on the University of Colorado campus in Boulder.

On Friday, Frasca Food and Wine owner and master sommelier Bobby Stuckey introduces "Somm," a fun film

about the arduous journey that some wine maniacs take to get the master sommelier designation. Following the movie, Front Range food mensch John Lehndorff moderates a panel with local master sommeliers Wayne Belding, Douglas Krenik and Sally Mohr.

It goes on. Other movies: "Jadoo," "A Place at the Table," "now, forager," and "Make Hummus Not War."

The events include some food and drink, naturally. A wine tasting precedes the movie "Somm" at <u>Bramble & Hare</u>, one of the event's sponsoring restaurants. And on Sunday at <u>Shine Restaurant and Gathering Spot</u>, check out the "Hummus Throwdown," where different hummus-slinging restaurants from Boulder show-off their chickpea purees, and get put to the test by a panel of judges.

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How many people attended this festival? Might this event happen again next year?

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